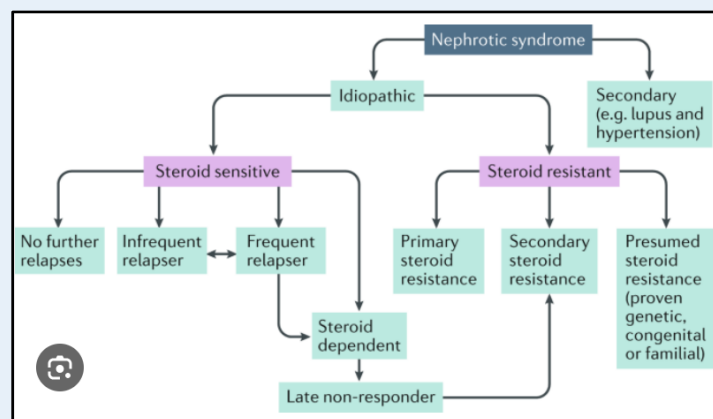


The magic of seamossPlusⁱ on nephrotic syndrome, a case from Dar es salaam Tanzania; July 2025.

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At glance: Have you ever woken up in the morning with a puffy face and swollen legs? Have you felt like your own body is way heavier than it used to be? This is what a middle-aged young lady Ms. P.A.M from Dar es Salaam was experiencing for a period of 7 years, yet on treatment. Yes you heard right, seven years. SeamossPlus turned this story around in just two months!

This is how it all happened: She was diagnosed with a kidney disease known as Nephrotic Syndrome, a condition where protein in your blood leaks through the filtering tissue in the kidney and causes excessive fluid retention and swelling on your face, legs, and ankles. Her life was full of stress with no hope as she had to incur expensive costs for years to attend hospital clinics and buy medications.



This is what science tells us: Nephrotic syndrome is a condition where excessive protein leaks from the kidneys into the urine, causing a range of symptoms including body swelling, high blood pressure, low albumin leading to body swelling and a buildup of cholesterol in the blood. This leakage is due to damage to the glomeruli, the tiny filters in the kidneys. This also leads to Increased levels of fat (cholesterol and triglycerides) in the blood. If not treated, nephrotic syndrome can lead to serious complications such as weak immune system, blood clots, kidney failure, high blood pressure, anemia etc.

The magic of seamossPlus: After worsening situation, Ms. PAM tested 4.35gm of protein in urine (normal 0.15gms), began using seamossPlus powder 10 grams per day end of February 2025. Just a week later a phone rang (0800781110) with a joyful voice in appreciation whose joy filled the whole room. Ooh yes, her body vitality had resumed, she felt whole again. “*I have observed significant changes in the last week-this is a miracle*” said Mr. D, her husband who grabbed the phone to thank the doctor. In May 2025, just two months of using SeamossPlus her protein levels in urine dropped to 0.26gm which is almost 94% decrease- near normal of 0.15grams.

What other studies say: Sea moss is considered a nutrient-rich food as it is a good source of minerals, vitamins (A, B₁, B₂, B₉, B₁₂, C, D, E, and K), essential minerals (calcium, iron, iodine, magnesium, phosphorus, potassium, zinc, copper, manganese, selenium, and fluoride), dietary fibers [1,2,3,4], protein, essential amino acids and polyphenols, which exhibit antioxidant and anti-inflammatory properties [5]. Seaweeds possess a low lipid content but enriched with polyunsaturated fatty acids. Seaweed contains bioactive compounds therefore are employed in biomedical and pharmaceutical industries as they possess antitumoral activity against some type of cancer cell lines [5,6]. Sulphated Polysaccharides from sea moss possess important pharmacological activities such as anticoagulant, antioxidant, antiproliferative, antitumoral, anti-inflammatory and antiviral activities [7]

Other studies have documented that sea moss is rich in nutrients essential for kidney health, including electrolytes like potassium, magnesium, calcium, and iodine, which are critical for maintaining healthy kidney function. Potassium, for example, helps to regulate blood pressure and acts as diuretic thus preventing the formation of kidney stones. The type of carrageenan found in sea moss has protective effects on the kidneys. It can help prevent the formation of calcium oxalate crystals, a common cause of renal stones formation. Magnesium is essential for muscle and nerve function.

Sea moss is also good for kidneys due to its natural anti-inflammatory and anti-oxidant properties therefore can reduce inflammation and protect the kidneys from this kind of damage and oxidative stress. Sea moss is therefore effective in [glomerulonephritis](#), nephrotic syndrome and [interstitial nephritis](#). Fucoidans found in sea moss and lemon grass have been extensively studied for their ability to treat renal diseases.

In addition to its direct benefits for kidney health, consuming sea moss regularly helps improve overall health and wellness. The seaweed is a rich source

Conclusion: Use of seamossPlus is effective in treating nephrotic syndrome and revive body vitality and performance. These findings are consistent with those reported else where using Irish moss.

Contact us for more information or services:

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ⁱⁱ SeamossPlus is a natural food supplement manufactured and supplied by Nyamunzi Traders in Tanzania. It contains sea moss and lemon grass. More information [here](#)

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of antioxidants, which can help to protect the body from oxidative stress and reduce the risk of chronic diseases such as [diabetes](#), heart disease, or even [cancer](#). Sea moss can also help boost the immune system and support healthy digestion, which can positively impact overall health, including kidney health.

May be yourself or someone else have health challenges?. Your life and the lives of your loved ones can be saved by the use of SeamossPlus.

